

Matthew's Story

Embracing opportunities against all odds



Prospect Court — Sutton, Surrey
Supported living care service for up to 28 adults

"I wouldn't be here without their dedicated care."

For Matthew, the path to Prospect Court was paved with immense adversity from a young age. Left homeless as a child while also navigating epilepsy and learning disabilities, Matthew had virtually no support system aside from his older brother. With few options, they turned to social services and the lifeline of supported living care.

Upon his arrival at Prospect Court, Matthew found far more than just a residential facility - he discovered an enduring family. This profound sense of belonging has formed the foundation for Matthew's inspirational journey of growth and healing.

A key component has been Prospect Court's tailored approach to Matthew's unique needs. The trained staff provide steady support across all domains of daily living that pose immense challenges due to his disabilities. From college courses and cooking to personal care assistance, travel and appointment coordination, Matthew receives the compassionate guidance to cultivate independence while having his basic needs met.

Perhaps most pivotally, the Prospect Court team has been instrumental in managing Matthew's uncontrolled non-epileptic attack disorder (NEAD). **"They have saved me on numerous occasions,"** Matthew remarks gratefully. **"I wouldn't be here without their dedicated care."** By meticulously following established protocols and providing reassuring emotional support, the staff ensures Matthew's safety and wellbeing during vulnerable moments.

"The experienced and well-trained staff help me think positive at all times. They always follow my protocol and are extremely friendly, providing professional supportive care along with friendly helpfulness related to what they do."

Matthew, resident

Embodying a holistic philosophy, Prospect Court nurtures Matthew's hopes and ambitions through a thoughtfully tailored schedule of activities. His passion for art has blossomed with encouragement, **"My main goal is progressing further with my art,"** Matthew beams. **"I'm working on it confidently thanks to the support here."**

The tight-knit community has likewise empowered Matthew to forge meaningful connections. **"I'm looking to make more new friends just like myself,"** he shares about his aspiration to build an enriching social circle. Through communal activities and monthly meetings, Prospect Court cultivates an environment that helps to encourage a sense of belonging where goals can be discussed together.

Against all odds, Matthew has embraced many possibilities at Prospect Court. What was once a life deprived of basic security has been reclaimed through the compassionate living and empowerment provided by the team at Prospect Court. As Matthew bravely perseveres, his narrative serves as a shining testament to the exceptional therapeutic care and supportive community found at Prospect Court.

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