

Kings Norton Hospital

Adult mental health hospital for men and women with severe and complete mental health conditions



Our Acute Mental Health Service, Kings Norton Hospital in Birmingham, supports men and women from across the UK over the age of 18 who are detained under the Mental Health Act 1983 (2007) or informal and who are experiencing severe and complex mental health conditions.

At Kings Norton Hospital we provide high quality intensive treatment in a clinically safe, caring and secure environment, supporting the NHS when intensive care needs cannot be met locally. These needs can include:

- an unexplained psychotic episode
- drug induced psychoses
- severe depression with a suicide risk
- challenge behaviour as a result of mood disorders
- relapse of Axis 1 type disorder such as mania or schizophrenia
- personality disorder or mild borderline intellectual disability combined with other Axis 1 type diagnosis
- other organic acute episodes requiring intensive care
- an increase in risky behaviours such as absconding, self-harm, suicide attempts, arson, violence and aggression, sexually inappropriate behaviour

We can also admit patients who require detoxification from alcohol or drugs or patients who are under a Community Treatment Order (CTO) which has been revoked.

Maximising Independence

We are committed to helping those in our care, plan for the future and maximise their independence. Our rehabilitation programmes are person centred, realistic and solutions focused.

We have several therapy rooms and an occupational therapy kitchen to help individuals re-gain life skills and work towards independent living.

Community Support

We work with our partners in the community to facilitate supervised access where appropriate, to a full range of services to support each individuals goals.

We are working to build strong ties in the local area and work in collaboration with health professionals to ensure individuals in our care receive consistent and effective support.

Specialist Setting




Our acute units are for patients who need to step down from a PICU setting or who have complex, severe or prolonged mental health issues but do not require a PICU setting. Patients are either detained or are admitted voluntarily.

With intensive support from our multi-disciplinary team (MDT), patients are able to work through their mental health conditions in a safe and secure environment. Our MDT work closely to offer a range of therapeutic interventions and promote the shortest length of stay that is clinically indicated to support a healthy transition home or to ongoing support in the community.

We welcome patients to our acute units from other PICU services as well as other Acute services.

About

Kings Norton

-  32 ensuite bedrooms
-  Multi-disciplinary Team (MDT)
-  Purpose built facility
-  Communal lounge and dining areas
-  OT Kitchen and therapy spaces
-  Garden and secure outside space
-  Fully equipped gym
-  Close to town amenities

About Active Care group

specialists in care. believers in people.

We're a pioneering national provider of complex care, delivering pathways and better outcomes for people.

We have a collaborative and holistic approach to care, underpinned by proven clinical and therapeutic expertise. We specialise in supporting young people and adults with complex needs to make positive progress and lead happier, more independent lives.

We are a trusted partner to the NHS, commissioning services and local authorities. Our vision is a world where people with the most complex problems are surrounded by the collaborative, holistic and expert care they require and the kindness they deserve, to live a brighter future and their best lives.



For more information on our services, please visit:
www.activecaregroup.co.uk

Active Care Group is an independent specialist healthcare provider in the areas of:

- Child and Adolescent Mental Health Services (CAMHS)
- Adult Mental Health
- Specialist Brain Injury Rehabilitation
- Learning Disability
- Children's Complex Care
- Residential & Supported Living

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Make a referral

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