

Alan's* Story

Alan suffered a right cerebellar bleed, this is his recovery journey.



Nottingham Brain Injury Rehabilitation Centre, Nottingham
Neurological Rehabilitation Service

“ My life was given back to me by the team at Nottingham ”.....

At the age of 17 Alan was admitted to Nottingham's Queens Medical Centre following a complaint of a headache, vomiting and collapsing at home. Medics at QMC diagnosed a right cerebellar bleed and intubated Alan, who remained in a coma until he started to emerge.

Alan was admitted to Nottingham Brain Injury Rehabilitation Centre's high dependency Fernwood Unit. On admission a SMART assessment on Fernwood Unit diagnosed Alan as presenting in a way that he was unable to interact with his environment or communicate by any means. A tracheostomy was placed to aid respiratory function and PEG (Percutaneous Endoscopic Gastrostomy) for all nutrition and hydration needs. During this time period Alan was completely dependent on the care and nursing staff at Nottingham Brain Injury Rehabilitation Centre to meet all of his needs. Through focused multi-disciplinary treatment, rehabilitation nursing and care support Alan.

Reassessment gave an indicative diagnosis of MSC- (Minimally Conscious State Minus) from which he continued to emerge through his stay at Nottingham Brain Injury Rehabilitation Centre and develop physically and cognitively. Alan's tracheostomy was weaned on site and de-cannulated successfully.

Alan was transferred to the Millwood Unit of Nottingham Brain Injury Rehabilitation Centre unit for on-going neurorehabilitation where he continued to go from strength to strength.

With the support of Occupational Therapy at Nottingham Brain Injury Rehabilitation Centre, Alan joined a local wheelchair basketball club. This helped provide a physical and emotional outlet and he became a vital member of the club, supporting others new to wheelchair basketball. Alan was discharged back home in the community without a formal care package. He now only requires minimal assistance with his daily care needs. He is able to prepare and eat a normal diet, communicate verbally and is now seeking opportunities to return to work.

I was in QMC hospital, literally everyone was told the machines were being switched off. But My consultant barged in like an ex objecting at a wedding....

I've been told he just phoned but I like my version better. Long story short he gave me a tracheostomy and saw something in me to let me live. My life was saved by this man, but my life was given back to me by the team at Nottingham.

- Alan

*Name has been changed to protect patient's identity
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To make a referral or for more information about Nottingham Brain Injury Rehabilitation Centre please call 01732 779353 or email referrals@activecaregroup.co.uk

