

# Holybourne Hospital

Adult Mental Health Hospital  
Roehampton, London

We're committed to helping every person we  
support feel happy, safe and empowered.

# About Holybourne Hospital

Holybourne Hospital is an Adult Mental Health hospital for people of all genders with severe and complex mental health conditions based in London.

We provide high quality intensive treatment in a clinically safe, caring and secure environment supporting the NHS when intensive care needs cannot be met locally.

We support people over the age of 18 from across the UK who are detained under the Mental Health Act 1983 (2007).

## Conditions we support

- Unexplained psychotic episodes
- Drug induced psychoses
- Severe depression
- Challenging behaviours as a result of mood disorders
- A relapse of Axis 1 type disorder such as mania or schizophrenia
- Personality disorder or mild borderline intellectual disability combined with other Axis 1 type diagnosis
- Acute episodes requiring intensive care
- Risky behaviours such as absconding, self-harm, suicide attempts, arson, violence and aggression and sexually inappropriate behaviour

We can also admit patients who require detoxification from alcohol or drugs or patients who are under a Community Treatment Order (CTO) which has been revoked.

Holybourne Hospital has four wards: two female acute wards and two male acute wards.



# At a glance

## Service overview & facilities

We have four acute wards for people who are either detained or there voluntarily.

Our acute wards are for those who either need to 'step down' from a PICU setting or who have complex, severe or prolonged mental health needs but do not require the intensity of a PICU. We welcome patients to Holybourne Hospital from other PICU services as well as part of the discharge pathway from our own PICU services within the Group.

We are rated 'Good' with the Care Quality Commission (CQC) and can accept admissions 24-hours a day, seven days a week with treatment starting on the day of admission.

### Barnes Ward

Male Acute  
 10 beds

### Kingston Ward

Female Acute  
 9 beds

### Osman Ward

Female Acute  
 5 beds

### Richmond Ward

Male Acute  
 9 beds

Additional beds coming soon to Osman Ward: 4 beds to open in September and 4 in October!

### Facilities

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33 beds over 4 wards (will increase to 41)



Designated art therapy room



Full Multi-Disciplinary Team (MDT)



Activities of Daily Living/ Therapy Kitchen



Therapy suite



Fully equipped gym & enclosed sports area



Large communal kitchen & dining area



Parking available



Secure garden areas and outside spaces



Close to amenities

# Meet our Hospital Director

## Matt Beavis

Matt recently joined Active Care Group as Holybourne Hospital Director. Having started as a Healthcare Assistant, Matt completed his Mental Health Nursing training at Kings College London in 1996. He went on to spend 18 years of his career working across all specialties of mental health and addictions at South London and Maudsley NHS Foundation Trust.

During this time, Matt worked in senior leadership positions within nursing, safeguarding, and operations, and successfully achieved a Master in Public Administration (including a distinction-level research dissertation in individual and organisational learning from Serious Case Reviews, which he presented nationally and internationally).

Since leaving South London and Maudsley in 2015, Matt has worked collaboratively, and with a focus on coproduction, across provider (independent and NHS), commissioning, and Local Authority organisations in senior strategic and operational nursing (including at Director of Nursing level) and improvement roles and is proud to have been appointed to the Hospital Director role at Holybourne Hospital.

### What's your favourite part about working at Holybourne Hospital so far?

My favourite thing at the moment is getting to know the patients and the staff, and seeing how the hospital has grown over the last few years. I'm enjoying getting to know the people, including thinking about how we can empower people to be part of the journey of continued improvement.

### What is the team like at Holybourne Hospital?

I have been impressed by how caring and passionate the environment is at Holybourne. The team are committed to their patients, and their patient's care. Everyone has a real level of knowledge and expertise across our services, and we've got a really good focus amongst our staff. When you're working with our patient group, it's crucial that you have a group of people who recognise why they're coming in to work every day. Our patients have told me that the staff bring a caring and compassionate approach to their needs.

### What is the team like at Holybourne Hospital?

I will look at how we can be the best and highest quality acute provider that we can possibly be for our patients, their family, and our referrers. It is about creating a place where patients want to come and be treated. A place where we outline a patient's recovery, their outcomes and that we see real changes to their lives happening as quickly as possible. We want to get patients back into the community in a focused and managed way.



To find out more about Matt and his vision for Holybourne Hospital, read the full article here: [activecaregroup.co.uk/matt-beavis](https://activecaregroup.co.uk/matt-beavis)

# Introducing Our SMT



Dr Kunal Choudhary  
Medical Director

Dr Choudhary completed his psychiatric training on the St Mary's scheme, London, whilst also holding an Honorary Clinical Lecturer position at Imperial College London. He is on the GMC Specialist Register with dual accreditation in General Adult and Substance Misuse / Addiction Psychiatry. He also holds an MBA in Healthcare Management. Dr Choudhary has held substantive Consultant Positions in the NHS and Independent sector, having worked in Medium Secure Forensic Services, Acute Care and Complex Care / High Dependency Rehabilitation.

He is passionate about medical education, technology in medicine, quality improvement, recovery and involvement of service users and family in care planning and delivery of services.

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Andy Acquaye  
Hospital Matron

Andy began his nursing career in 1990 with the Barking Havering and Brentwood Health Authority. After qualifying as an RMN in 1993, he spent the first few years of practice in a former Psychiatric Asylum. He then moved to a medium secure unit as a staff nurse before completing a further healthcare qualification in Forensic Mental Health at Kings College School of Medicine. Andy spent the next 14 years working with West London NHS Trust where he managed the first Remand Service and commissioned a variety of services before moving to East London NHS Foundation Trust in 2007 as Deputy Associate Director of Nursing. After 24 years in the NHS, Andy joined the independent sector in 2014 before joining Holybourne Hospital in 2015.

Andy's interests lie with training and development as well as quality.

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Ashleigh Gonsalves  
Head of Therapies

Ashleigh studied Occupational Therapy at Canterbury Christ Church University in Kent. Ashleigh has experience working for the NHS, local authorities and private care settings, ranging from community, rehabilitation, Psychiatric Intensive Care and acute mental health services.

Ashleigh joined Holybourne Hospital in 2017 as the Lead Occupational Therapist and has gone onto become the Head of Therapies and a member of the Senior Management Team.

Ashleigh is passionate about reducing restrictive practices in mental health services and is proud to be a MAYBO trainer.

# Committed to raising standards & Improving outcomes

Active Care Group works in partnership with Real Insight, an external consultancy led by service user consultants, to positively impact the structure of services to ensure we deliver excellent standards of care whilst creating a supportive environment for our staff.

Real Insight conduct audits from a service user perspective on topics including communication, patient experiences, staff and patient relations, and safety. Through their work they have developed a model that looks at Trust, Relationships, Mutual Acceptance, Learning & Discovery, Hopefulness, Empowerment & Direction and Meaning.

This innovative service-user led approach means service user involvement has become an integral part of our service design and delivery helping us to develop a pioneering service. Staff and service users alike at Holybourne Hospital are empowered to take meaningful and effective roles in co-designing their own solutions and services to meet their needs.

## Expert by experience achievements so far

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- Improved CQC rating from Requires Improvement to Good
- Implemented a 5-step rolling process for continuous auditing and assessment of the service
- Patients feel proactively involved in their care
- Introduced a welcome pack for patients, created by patients
- Consulted patients on their understanding and experience of the Use of Force and Restrictive Practices
- Staff feel their suggestions are valued and recognised
- Developed a tailored induction for new starters to highlight our service-user led approach
- Finalist in the LaingBuisson Awards 2022

LaingBuisson  
Awards  
2022





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